



# GRAPEVINE-SOUTHLAKE SOCCER ASSOCIATION

## U7-U8 Rules

- Game format is 4v4
- Four 10-minute quarters, substitutions on the quarter breaks.
- Treat referees respectfully.
- No goalkeepers, keep all players involved.
- No scores kept. Focus is to have fun, not competitive.
- Each player must play at least 50% of the game!

## Online Resources

- [GSSA Website](#)
- [Coaching U7-U8](#)
- [Soccer Xpert Drills](#)
- [Soccer Drive Drills](#)

## Contact Info

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U7-U8 Age Group Commissioner

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(817) 876-5566

[www.gssasoccer.org](http://www.gssasoccer.org)

**Join the  
GSSA Coach TeamSnap Chat**

## Important Dates

**Aug 8:** Rosters released to  
registered/cleared coaches

**Aug 9:** Coffee with the Commissioners  
at The Grapevine REC 9 AM

**Aug 11:** Fields open for U6+  
practices

**Aug 16:** GSSA schedules posted

**Aug 16/17:** GSSA Weekend at  
Dick's Sporting Goods and  
Academy Sports and Outdoors

**Sept 6:** Opening Day Games

**Sept 8:** Monday Night Skills Begins